

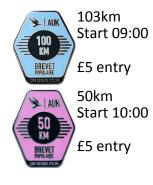
April May 2016

# Audax Events on Cornish Roads

## Sunday 3<sup>rd</sup> April

## **Starting from Falmouth**

Starting from Newton Abbot



A Cornish 100 A popular event organised by Falmouth Wheelers. The route starts from Falmouth Cricket Club and takes a turn around Pendennis Head, then on to Mount's Bay with a control at Longrock, returning via Porthleven and Porkellis to welcome refreshments.

A Bunny Hop offers an excellent introduction to Audax riding, as well as appealing to those who prefer a gentler profile, a shorter route, or a chance of a longer tea.

Organiser: Philip Conroy, 5 Fairfield Road, Falmouth TR11 2DN

## Saturday 23<sup>rd</sup> April

AUK

AUK

AUK

300km

£12 entry

£15 entry

211km

Start 8:00

£6 entry

400km

#### Turf n Surf 300

Start 06:00 Organised by CTC Devon. Starting from Newton Abbot, but passing through North Cornwall and Launceston.

#### Turf n Surf 400

Start 07:00 A longer version of the 300km ride, adding an extra loop from the Newton Abbot Scout Hut control.



4 AAA

5.5 AAA

Organiser: Rod Pash, c/o 53 Regent Street, Exeter EX2 9EG

## Sunday 15<sup>th</sup> May

#### Starting from Devoran, nr Truro All new routes this year

#### Lizard and the Camel

Ascent is modest for a 200 in Cornwall but the route is scenic in the literal sense. Controls at Lizard Village, Gwithian Towans and Padstow. The Camel Trail is used for a 21km section but this can be avoided on supplied all-tarmac alternative. This event offers a straightforward introduction to randonneur distance.



#### Cove and Cliff

A tricorn of delights. Gunwalloe, Gwithian Towans and St Agnes Beacon provide the scenic coastal corners for this route.



Peter's Point takes a direct route from the old port of Devoran to the sand and surf at Gwithian Towans, sweeping south of Camborne on the way back.

All rides include tea and coffee at the start and refreshments at the finish.

Organiser: Martyn Aldis, Sundown, Kersey Road, Flushing TR11 5TR

## Saturday 28<sup>th</sup> May

## Starting from Exeter



KM

#### Kernow and Southwest 600

A trip around the Southwest peninsular for the serious long distance cyclist. Includes food at Penzance, food and sleep provision at Bude, refreshments and limited sleep facilities at the finish. Organiser: Ian Hennessey, 10 High Street, Honiton EX14 1PU



8.25 AAA

Events run under Audax UK rules and regulations. Entry fee shown for AUK or CTC members. Non-members add £2 temporary AUK membership to cover insurance on event





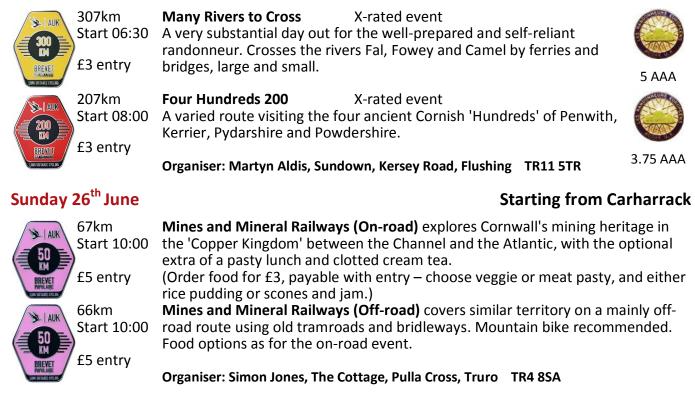


June 2016

# **Audax Events on Cornish Roads**

## Sunday 5<sup>th</sup> June

### **Starting from Penzance**



All cyclists welcome. Enjoy a sociable ride, take on a personal or charity challenge, or earn Audax UK badges and awards

### Awards, medals and badges

For full details of the Audax UK points system and awards see the Audax UK website www.aukweb.net.

You can order cloth badges and metal medals for distances, from the website. Alternatively order from the organiser at the end of the event when you hand in your brevet card.

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