



Audax Events on Cornish Roads

All cyclists welcome Run by volunteers with modest entry fees. Any profits are donated to charity

Sunday 2nd April

Starting from Falmouth Cricket Club



106km
Start 09:00
£7 entry

A Cornish 100 A popular event organised by Falmouth Wheelers. A cross country ride starts with a circuit of Falmouth beaches and then heads out to Gweek and across to the edge of Camborne. Then down to Marazion and views of St Michaels Mount. Back via Porthleven, to the usual refreshments.



50km
Start 10:00
£7 entry

A Bunny Hop offers an excellent introduction to Audax riding, as well as appealing to those who prefer a gentler profile, a shorter route, or a chance of a longer tea.

Audax organiser: Philip Conroy

Sunday 21st May

Starting from The Perranwell Centre



208km
Start 8:00
£8 entry

Lizard and the Camel Ascent is modest for a 200 in Cornwall but the route is scenic in the literal sense. Controls at Lizard Village, Gwithian and Padstow. The Camel Trail is used for a 21km section but an all-tarmac alternative is offered. This event offers a straightforward introduction to *randonneur* distance.



107km
Start 09:00
£7 entry

Red River Blue Sea An uncomplicated trip to the far West, starting with a ride out to the mouth of the Red River at Gwithian, followed by a loop via Marazion and the high Atlantic cliff road past Zennor before returning from Gwithian to Perranwell via Portreath and Skinner's Bottom.



54km
Start 10:00
£6 entry

Peter's Point A straightforward ride out to Gwithian, returning along the north coast to Portreath then turning south through Skinner's Bottom to return to Perranwell.

Audax organiser: Martyn Aldis

Sunday 18th June

Starting from The Mills Hall Carharrack



67km
Start 10:00
£7 entry

Mines and Mineral Railways (On-road) explores Cornwall's mining heritage in the 'Copper Kingdom' between the Channel and the Atlantic, with the optional extra of a pasty lunch and clotted cream tea. Free tea, coffee and biscuits. Order in advance for your veggie or meat pasty £4 and either rice pudding or scones and jam £1.



66km
Start 10:00
£7 entry

Mines and Mineral Railways (Off-road) covers similar territory on a mainly off-road route using old tramroads and bridleways. Mountain bike recommended.

Food options as for the on-road event – follow the links online to reserve.

Audax organiser: Simon Jones

Sunday 25th June

Starting from Penzance



307km
Start 06:30
£3.50 entry

Many Rivers to Cross 4.75 AAA points
A very substantial day out for the well-prepared and self-reliant randonneur. Crosses the rivers Fal, Fowey and Camel by ferries and bridges, large and small.



207km
Start 08:00
£3.50 entry

Four Hundreds 200 3.25 AAA points
A varied route visiting the four ancient Cornish 'Hundreds' of Penwith, Kerrier, Pudarshire and Powdershire.

Audax organiser: Martyn Aldis

Events run under Audax UK rules and regulations. Entry fee shown for AUK or CTC members. Non-members add £3 temporary AUK membership to cover insurance on event

Ride and event entry details at <http://audaxkernow.co.uk/>