



## Sunday 7<sup>th</sup> April

## Starting from Falmouth Cricket Club



106km  
Start 09:00  
£7.50 entry

**A Cornish 100** A popular event organised by Falmouth Wheelers. A cross-country ride starts with a circuit of Falmouth beaches and then heads out to Gweek and across to the edge of Camborne. Then down to Marazion and views of St Michaels Mount. Back via Porthleven, to the usual refreshment spread.



50km  
Start 10:00  
£7.50 entry

**A Bunny Hop** offers an excellent introduction to Audax riding, as well as appealing to those who prefer a gentler profile, a shorter route, or a chance of a longer tea.  
**Audax organiser: Philip Conroy**

## Saturday 20<sup>th</sup> April

### NEW EVENT

## Starting from Wadebridge Camels Rugby Club



112km  
Start 09:00  
£7 entry

**The Social Coastal** A hilly coast to coast challenge. The scenic route heads south to Mevagissey and neighbouring bays before looping back to the north coast for another glimpse of the sea, ending with a final leg back along the Camel Trail.

**Audax organiser: David Squance**

## Sunday 26<sup>th</sup> May

## Starting from The Perranwell Centre



208km  
Start 8:00  
£8 entry

**Lizard and the Camel** Ascent is modest for a 200 in Cornwall but the route is scenic in the literal sense. Controls at Lizard Village, Gwithian and Padstow. This route is a good introduction to riding *randonneur* distance.



107km  
Start 09:00  
£7 entry

**Red River Blue Sea** An uncomplicated trip to the far West, starting with a ride out to the mouth of the Red River at Gwithian, followed by a loop via Marazion and the high Atlantic cliff road past Zennor before returning from Gwithian to Perranwell via Portreath and Skinner's Bottom.



54km  
Start 10:00  
£6 entry

**Peter's Point** A straightforward ride out to Gwithian, returning along the north coast to Portreath then turning south through Skinner's Bottom and back to Perranwell.

Free refreshments at Perranwell and Gwithian on all rides.

**Audax organiser: Martyn Aldis**

## Sunday 23<sup>rd</sup> June

## Starting from The Mills Hall Carharrack



67km  
On-road  
66km  
Off-road  
Start 10:00  
£7 entry

**Mines and Mineral Railways (On-road)** explores Cornwall's mining heritage in the 'Copper Kingdom' between the Channel and the Atlantic

**Mines and Mineral Railways (Off-road)** covers similar territory on a mainly off-road route using old tramroads and bridleways. Mountain bike recommended.

Free tea, coffee and biscuits, with the option to order a veggie or meat pasty (£4) and clotted cream tea with traditional scones and jam or rice pudding (£1).

**Audax organiser: Simon Jones**

## Sunday 7<sup>th</sup> July

## Starting from Penzance



307km  
Start 06:30  
£3.50 entry

**Many Rivers to Cross** 4.75 AAA points  
A very substantial day out for the well-prepared and self-reliant randonneur. Crosses the rivers Fal, Fowey and Camel by ferries and bridges, large and small.



207km  
Start 08:00  
£3.50 entry

**Four Hundreds 200** 3.25 AAA points  
A varied route visiting the four ancient Cornish 'Hundreds' of Penwith, Kerrier, Poldarshire and Powdershire.

**Audax organiser: Martyn Aldis**

Ride and event entry details at <http://audaxkernow.co.uk/>

Events run under Audax UK rules and regulations. Entry fee shown for AUK or Cycling UK members. Non-members add £3 temporary AUK membership to cover insurance on event